

A Guide to Accessing Food in Stamford

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 883-0879. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

School Meals

Stamford Public Schools & Chartwells School Dining Services are approved to serve free breakfast and lunch to all children 18 and younger for the remaining months of 2020 as federal funding allows.

In School:

For Breakfast, elementary and secondary students pick up their Grab & Go meals at school entrances to be eaten in their classrooms* For lunch, meals for elementary school students are delivered and eaten in their classrooms. Middle and high school students pick up and eat their Grab & Go meals in the cafeteria and common areas to allow for social distancing.

*Westhill students grab & go breakfast will be available in the cafeteria.

Hybrid Model Students will have an opportunity to bring home meals for the next day.

Distance Teaching and Learning Academy students (or parents/guardians of DTLA students) may pick up their meals Monday through Friday at the following Grab & Go locations:

Cloonan Middle School, 11 W. North Street,
2:30–4:30 pm

Rippowam Middle School, 381 High Ridge Road, 4:30–
6:30 pm.

Rogers International School, 202 Blachley Road,
4–6pm

On Friday, DTLA students/parents/guardians can pick up as many as 3 breakfasts and 3 lunches. Monday through Thursday, 1 breakfast and 1 lunch will be provided per child. Meals can only be picked up for your own children and at only one location per day. **Please contact your child's school if you have questions regarding the school's meal serving plan.** If you have questions regarding the meal pickup locations for the Distance Teaching and Learning Academy students, you may email [Audrey Way](mailto:Audrey.Way@stamfordct.gov) at away@stamfordct.gov or call 203-977-1177

Home Deliveries

Person-to-Person

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday–Friday. Drop off time between 1:30pm-2:30pm

Home Deliveries / Seniors

The Stamford Senior Center

(www.stamfordseniorct.org) The Stamford Senior center is delivering prepared frozen meals to seniors aged 60 or older who were previously relying on the congregate meal program at the Stamford Senior Center or the Over 60 Club. Contact Christina Crain at 203-977-5151 or ccrain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels

(www.ccfairfield.org/programs/senior-nutrition) 203-324-6175 Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource

2009 Summer Street, Stamford CT 06905
203.324.6584 | www.silversource.org

Senior Well Check / Virtual Companion Telephone support:

Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community and support programs. Call 203-324-6584 for more information. **Free Senior Grocery Delivery Weekly:** For information about this food program, contact Alison Heim 203.324.6584

Schoke Jewish Family Service

Kosher Meal Home Delivery Program: Kosher home-delivered meals available for a fee. For information, call (203)921-4161 or jknopoff@ctjfs.org

SNAP (Food Stamps)

End Hunger Connecticut! SNAP Call Center

www.endhungerct.org

The End Hunger Connecticut!'s SNAP Call Center remains in full operation to help with applications, redeterminations, and other assistance for SNAP. They are experiencing an influx of calls, so you may need to leave a message. English and Spanish . Call the toll-free SNAP Call Center at 866-974-SNAP (7627) To check hours and for more information, go to www.ctsnap.org.

Stamford WIC Program (Women, Infants & Children)

Currently all appointments are by phone. Call and leave a message with your name and number: (203) 977-4385

Services:

Individual time to speak with a nutritionist or trained professional about your or your child's diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

Eligibility:

Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends); breastfeeding women (up to infant's 1st birthday); non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends); infants** (up to 1st birthday); children** up to their 5th birthday. **fathers, grandparents, foster parents or guardians may apply.

Requirements:

Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

Other Services Available

Fairgate Farm

www.fairgatefarm.com

129 Stillwater Ave., Stamford, CT 06902
203-940-2305

(Bus #21 stops right in front of Fairgate Farm.)

Farmers Market: June-October, Thursdays 12 - 6 pm; Saturdays 9 am - 12 pm (SNAP, WIC, & Senior Farmers' Market Nutrition Program checks accepted!) Fairgate Farm has a SNAP Matching Program **Eligibility:** All are welcome **Food:** Organically grown fruits and vegetables *Please visit website for information on volunteering*

Food Rescue US

www.foodrescue.us

165 Water Street, #204 , Norwalk, CT
800-280-3298

During COVID-19, Food Rescue US is providing individual meals to their social service partners, along with excess food donations. Please contact Danielle Blaine at danielle@foodrescue.us if you would like to volunteer or your organization is interested in receiving food donations..

Filling in the Blanks

<https://www.fillingintheblanks.org/>
203-750-0019

Filling in the Blanks delivers food directly to children in Stamford, Norwalk, Greenwich and New Canaan Public Schools and Grab and Go sites. Children on the free/reduced meal program or part of the ALICE population are qualified. To volunteer or find out how to donate, please contact info@fillingintheblanks.org

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Members of the Stamford Food Collaborative, which includes providers of critical food assistance services, such as food pantries, congregate meal programs, and meal delivery programs, are implementing safety and hygiene precautions to protect the health of participants, volunteers, and staff. Call ahead to determine whether operating hours have changed for food pantries or other programs.

Food Pantries

Faith Tabernacle Church Food Pantry

29 Grove St, Stamford, CT (203) 348-8755

Open: Thursday, 7:30am-10:30am

Eligibility: Anyone

Requirements: None

Frequency of Visits: Every Thursday

Haitian American Catholic Center

93 Hope St., Stamford, CT 06906, (203) 406-0343

Open: Thursday, 11 am – 2 pm

Eligibility: Anyone in need of food.

Requirements: Must fill out an application.

Frequency of Visits: Every Thursday

New Covenant Center

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT (203) 964-8228

Open: Tuesday & Friday, 10:30 am - 4:30 pm;

Thursday, 10:30 am - 2:00 pm

Eligibility: Open to low-income residents in

Stamford, Darien, New Canaan, & Greenwich.

Requirements: Pantry applications are accepted on Wednesdays from 11 am - 2 pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)

Frequency of Visits: Monthly by appointment.

Emergency Visits: During the pandemic crisis, walk-up emergency food requests will be filled based on availability. Clients will be asked to come back to register when convenient for them.

Person-to-Person

www.p2phelps.org

Must call for an appointment.

Darien Location:

1864 Post Rd., Darien, CT 06820, (203) 655-0048

Open: Monday - Friday, 9 am - 1 pm, and every other Saturday, 9 am– 12 pm.

Stamford Locations:

Open: Mondays and Tuesdays, 10 am - 2 pm at

Yerwood, 90 Fairfield Ave., Stamford

Wednesdays, Thursdays, and Fridays, 10 am- 2 pm

at Domus, 83 Lockwood Ave., in the parking lot facing Frank Street.

Eligibility: Open to residents in need of food living in Stamford, Darien, New Canaan, Norwalk, Westport, Weston, Wilton.

Requirements: Call (203) 655-0048 for an appointment and necessary documents to bring.

Frequency of Visits: Every 28 days

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday–Friday. Drop off time between 1:30pm-2:30pm.

The Salvation Army of Stamford

www.ctru.salvationarmy.org/sne

198 Selleck St., Stamford, CT 06902, (203) 359-2320

Open: Monday & Wednesday, 9 am - 12 pm

Eligibility: Stamford residents in need of food.

Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address)

Frequency of Visits: Once a month.

Schilo Food Pantry Program

www.facebook.com/schilofoodpantry/

Schilo Seventh-Day Adventist Church 977 Hope St., Stamford, CT 06907, (203) 293-8256

Open: Every 2nd and 4th Saturday of the month, 4- 6 pm.

Eligibility: Residents of Fairfield County in need.

Requirements: Must complete an application with a photo ID.

Frequency of visits: Every 2nd and 4th Sunday of the month.

Schoke Jewish Family Service

www.ctjfs.org

196 Greyrock Place, CT 06901, (203) 921-4161

Open: Monday, Tuesday & Wednesday, 10:30 am - 12:30 pm, Other times available by appointment

Eligibility: Anyone in need of food.

Requirements: Must complete application and provide photo ID

Frequency of Visits: Once a month.

Food: Kosher products only.

Wilson Memorial Church of God

164 Richmond Hill Ave., Stamford, CT 06902

203-557-9807

Open: Thursday, 1 - 2 pm. Sign up for a ticket starts at 9 am.

Eligibility: Anyone in need of food.

Requirements: Must have a ticket. Tickets are handed out at 9 am.

Frequency of Visits: Weekly, every Thursday

Women's Mentoring Network, Inc.

www.wmninc.org / (203) 348-3828

141 Franklin St., Stamford, CT 06901

Open: Last Friday of every month 9:00am-5:00pm

Eligibility: Clients of Women's Mentoring Network or emergency requests.

Food Banks

Connecticut Food Bank

www.ctfoodbank.org

2 Research Parkway, Wallingford, CT 06492, (203) 469-5000 Servicing the town pantries, soup kitchens, & other programs; providing direct-service programs including Mobile Food Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County

www.foodbanklfc.org

461 Glenbrook Rd., Stamford, CT 06906

(203) 358-8898

The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, and Wilton) that serves low income people through congregate meals or bags of groceries.

Mobile Food Pantries

Connecticut Food Bank Mobile Food Pantry

Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.

For information on Mobile Food Pantries, go to www.ctfoodbank.org and click on the Mobile Food Pantry schedule from the home page.

Congregate Meals

New Covenant Center Café

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 PM and for dinner Monday-Saturday, 4:30-5:30 PM. Meals are distributed from the doorway.

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